

SUPPLIES NEEDED

Yarn: Sock Yarn – not quite 200 yards

Needles: US 1 16 inch circular, US 2 16 inch circular, US 2 double pointed needles.

Markers: 7 stitch markers

Gauge to Achieve Similar Size: 7 sts/inch, 9 rows/inch

Size: Medium adult head, about 20-22 inches. Knitting a swatch for your selected yarn is recommended.

Abbreviations and Stitches:

Kf&b knit into the front and back of stitch
k2T knit 2 stitches together
Rib Stitch K1,P1



Brim: Cast on 126 stitches, using US 1 16 inch circular needle. Join in the round, careful not to twist the stitches. Work nine rows of rib stitch (K1, P1).

Increase Rows and Body: On the next row, change to a US 2 16 inch circular needle and change to knit stitch, placing a marker every 18 stitches.

Rnd 1: Knit around, slipping each marker.

Rnd 2: Knit to 1 stitch before marker and increase by knitting into the front and back of the next stitch, slip marker and repeat increase at each marker until the end of the row.

Repeat these two rows until you have 189 stitches (27 stitches between markers), slipping markers as you come to them. Continue knitting in the round until the beret measures four inches from the beginning.

Crown and Decrease Rows: As you decrease you will need to change to US 2 double pointed needles.

Rnd 1: Knit to 2 stitches before marker, k2T, slip marker, and repeat decrease at 2 stitches before each marker as you continue around.

Rnd 2: Knit, slipping each marker as you come to it.

Repeat these two rows until there are 98 stitches remaining (14 stitches between each marker).

Repeat Rnd 1 on each row, until 7 stitches remain and break yarn, pulling it through final 7 stitches. Weave in ends.

Shaping: Dip beret into a bowl of hot water and get it completely wet. Remove from water, wrap in towel and blot out excess water. Place beret over 11" dinner plate over a glass or jar. Allow to dry completely before removing it from the plate. (I like to add about a ¼ tsp hair conditioner to the hot water.)